

TRAGER CONFERENCE UPDATE AND TRAGER INSTITUTE NEWSBRIEF

REGISTRATION DEADLINE: JUNE 25, 1981. MAIL FORMS, INPUT, AND CHECKS NOW!!!

THE FIRST INTERNATIONAL TRAGER CONFERENCE AT ASILOMAR SEPTEMBER 4-6, 1981

NOTES FROM THE COORDINATOR

We are off and running! This conference will be our first opportunity to learn, play and work at once together. Milton and Emily Trager will join us fresh from the Mandala Conference in San Diego. We will compare notes, refresh our contact with the work and each other, and blend relaxation, learning, and pleasure in just the right proportions. The price is right; the weather almost guaranteed; and the company a gathering of Tragerers from Massachussetts, Texas, Canada, Oregon, Nevada, California, and perhaps, France! Join us!

GAIL STEWART

NOTES FROM THE REGISTRAR LINDA CHRISMAN

* The June 25th deadline insures us of rooms at Asilomar on Labor Day Weekend. We know it's early, but we must give Asilomar a count of conferees within 20% of our final number by the end of June. Payment in full \$120 payable to: Linda Chrisman, Trager Conference Registrar will guarantee space at the conference. We will do what we can for late registrants, but we can make no guarantees.

* We have had some requests for information about the cost of attending the conference during the day, but not sleeping at Asilomar. These costs will be: \$80.--all meals, conference fee, no room. \$55. Banquet, conference fee, no room, no other meals

* Asilomar's policy requires no room changes after registration. Please let me know of roommate preferences before August 1. If you do not have a preference, we will assign you one.

* Additional information will be sent in the July newsletter. Please check it for updates. Please see the Spring newsletter for the article and registration form. If you do not have this newsletter, call the Institute at once: 415-388-2688. Feel free to contact me if you have any problems or questions. I'm Linda Chrisman, Registrar
942 Scott Street
Palo Alto, California 94301

* Conference fees should be made payable to me, and sent to my address. You may call me at: 415-321-2452.

Thank you!

NOTES FROM THE PROGRAM COMMITTEE
COORDINATOR NATASHA HEIFETZ

MORE FEEDBACK NEEDED BY THE PROGRAM
COMMITTEE

The Program Committee had its first meeting on Saturday, June 6th. Committee members present were: Julie Greene, Sue Holper, Natasha Heifetz, and Harris Zeff, with the additional input of Linda Chrisman, Conference Registrar and Gail Stewart, Conference Coordinator. The following issues were considered: the balance between an educational and a recreational event; pacing of the three days; logistics; suggested workshops, and new ideas; and volunteer workshop leaders

We would appreciate additional input and workshop leader volunteers so that the conference can truly reflect what your desires and needs are. What is a Trager Conference anyway? Obviously we can't please everyone all of the time, but our intnetion is to have as broad a program as we can arrange. Since complaints afterwards are only good for the following conference, please communicate now!

So far, the most interest has been shown in "Review and Practice," "Working with Pregnant Women," and "How to Set Up a Business" workshops. One registrant has suggested having a professional marketing, promotion and business consultant to give a workshop for which participants would pay extra. What is your feedback on this possibility?

We appreciate what we areasking requires some time for thinking/feeling. It would be a great help if you were to include all of your input with the Conference Registration Form found in your Spring newsletter, or if you have already sent in your form, send in any other input you may have. If you would like to communicate with me by phone, I can generally be reached between 10 AM and Noon Monday through Thursday at 548-6072 or 848-3544 (415). You can try anytime.

Natasha Heifetz, Program Committee

REQUEST FOR SONGS AND POEMS JONI SCHADE

Wouldn't it be fun to put together a collection of Trager songs and poem we've written?! If everyone who has a song or poem would send a copy to me, I will have them all printed up in time for the conference. Send them to:

Joni Schade
Box 143
Carlton, WA 98814

A BIRTHDAY LETTER FROM EMILY TRAGER

May 22, 1981

Today is my birthday and wedding anniversary. I must have done something right or else how could I be so lucky as to be married to Milton? My mother gave birth to me but Milton keeps me alive. It is as if this is my birthday and I have another chance to create something very worth while in what years may be ahead for me. Up until now the entity named The Trager Institute has been an acquaintance I have encountered twice a year in the form of workshops conducted by Milton, and attended by special people that wanted to learn how to do what he does. A few of these people have managed to draw close to us by way of letters. Sometimes we are bewildered to hear their voices on our telephone coming from the mainland, telling us they just want to hear our voices.

Yesterday The Trager Institute came together for me at a meeting with the women Milton has qualified to be teachers. I became aware that they are sincerely interested in helping the Trager Family to become a beautiful unified group with Heart. We discussed putting together the First Trager Conference in September--a job that only dedicated people would take on. With all the events planned to bring about a feeling of involvement with each other over three days the more remote students will feel drawn into the Circle of Love that is so needed to make Trager Work what Milton feels it to be. Everybody will be there with Milton on a more personal plane than is possible in Workshops.

The next item on the conference agenda was a most practical one. Carol brought up her suggestion to bring someone to the Conference who can help you achieve what you all would like to do--make a good living doing Trager Work. There are professionals who know how to excite interest in their wares. I feel now that all the people in the Trager Family should band together to do what it will take to become known in their communities and draw business to them. Some will say, "Why doesn't The Trager Institute do this for us instead of asking us to do it?" So, now I have to tell you a story about Dr. Trager and The Trager Institute: Milton always hoped he could bring about a change in the way Physio-Therapy is taught. In 1976, after a training at Getting In Touch, 6 people who had been trained came to Honolulu for more. At this training I arranged a dinner party, and afterwards we all settled down for an interesting proposal from the people from California--Loren, Carol, Betty, Dusk, Sandy and Frank. In essence, they realized we would never do anything about getting Trager Work out into the world. We were too comfortable and happy just living in Honolulu. Would Milton consider allowing them to set up a Trager school in California? They promised they would do it in such a way that his name would always be respected and considered as top priority in whatever they brought out. All he would have to do is to come and teach the classes they would set up for him. All would be arranged. Milton said he was willing to allow them to go ahead under those conditions. It was decided that Betty be the engineer of the California arrangement. In the next couple years several qualified teachers emerged. The hard work, the money out was all from Betty. We marvel at her ability to handle the organization.

Milton and I are amazed at what has been wrought in the name of Trager in such a short time. You students who truly feel the essence of Trager Work are helping to build a good future for yourselves. Who is The Trager Institute? YOU! It is your future. Hopefully you are wise enough to handle it with love and reverence. You have been given a real gift from Milton and from each other as you concern yourselves with the operation of The Trager Institute. It would be great if you help each other in every way that is needed.

We love you.

Emily



TRAGER INSTITUTE NEWSBRIEFS

THE TRAGER INSTITUTE
FOR PSYCHOPHYSICAL INTEGRATION AND MENTASTICSSM

THE BETTY FULLER INTERMEDIATES: There will be one Betty Fuller Intermediate Trager Training scheduled for July 3-5, 1981. This Intermediate is open to all qualified trainees. It is also especially suited for those Trainees who have completed all of their requirements for Practitioner status except for the Intermediate training. Those particular Trainees who take and complete this Intermediate training will be able to have their names listed in the Public Roster of Practitioners to be distributed this August at the Mandala Society's Holistic Health Conference. NOW, if it turns out that there are several people who want to take this Intermediate but have July 4th Holiday plans, Betty can teach it the Tuesday, Wednesday, and Thursday, June 30-July 2, before. To register for the training, send in a deposit of \$50. payable to Betty Fuller. For further information please call The Trager Institute at: 415-388-2688.

UPCOMING TRAGER PUBLICATIONS: At this time we are collecting materials for two Trager publications, The Summer newsletter and a special Trager Journal to be distributed at the Mandala Conference this August as well as the Asilmar Conference this September. Your contributions to either of these publications should be submitted to The Institute as soon as possible. All submissions must be typed double spaced. You may have written a personal statement or other piece which you have already sent in, and which you wish to be considered for publication. In that case, let us know about it. The deadline for the newsletter is July 7.

VOLUNTEER! We want to renew our call for office volunteers. As Trager Psychophysical Integration and Mentastics continue to grow and expand in the world, so does the work of The Trager Institute. We truly need effective volunteer office help to process memberships and information requests, and to help with mailings. The situation is particularly urgent at this time being that we have two significant Trager events in the near future: The Mandala Conference in San Diego, and The Trager Conference in Asilomar. Now more than ever we need to work cooperatively together to serve and represent Dr. Trager's work. We have taken over the lease on our new office space which we have to ourselves. Sheila Merle Johnson has most generously loaned the office plants and furnishings. We can have music through a cassette deck, record player, or radio. The office is a pleasant place to work together in the Tam Valley section of Mill Valley. To volunteer, just give Don a ring at the office: 415-388-2688. Since the last newsletter we have had volunteer help from: Andrea Epstein, Roseann Gould, Robert Morroco, and Howard "Cousin Howie" Schwartz. Our thanks and appreciation to all of you!

PLEASE FORWARD

FIRST CLASS

5200

THE TRAGER INSTITUTE
300 POPLAR AVENUE, SUITE 5
MILL VALLEY, CA 94941

SPECIAL RESPONSE FEEDBACK TO THE PROGRAM COMMITTEE

We need your feedback on the suggested Conference Workshop by a professional marketing, promotion and business consultant.

Would you like to have this?

Would you have any objections?

Would you be willing to pay extra?

How Much?

Please include this feedback with your conference registration and mail it to:

Linda Chrisman, Trager Conference Registrar
942 Scott Street
Palo Alto, California 94301

Also, if you are interested in the business aspects, what in particular?

Taxes

Legal Issues

Getting and keeping clients

Fees

Insurance

Sharring successful business techniques

Licenses

Advertising