

THE TRAGER ASSOCIATION  
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Mill Valley, California 94941  
415/383-7074

April 1, 1979

Dear Trager Family Members -

This is my April Fool Birthday and I want to share some wonderful news and issue a heartfelt invitation.

THE NEWS - I resigned my job as Associate Director of The Center for Holistic Studies, Antioch University West in San Francisco. I am now working full time on the promotion of Trager Psychophysical Integration and Mentastics and to the development of our Association and eventually a training Institute. I am HAPPY!

HERE IS WHAT OUR ASSOCIATION HAS ACCOMPLISHED TO DATE ON OUR BEHALF -

Advertizing

Media - NEW REALITIES Magazine - 1/3 page every issue beginning this month.  
NEW AGE JOURNAL & } Classified ads in their Instruction section monthly.  
EAST WEST JOURNAL }  
KEMO-TV - Duncan Bennett and I did a twenty minute demo.

Expo - Assc. for Humanist Psychology (AHP) - Sacramento. Duncan Bennett & Sheila Merle Johnson prepared material for distribution in a booth. Carol Rhodes and Carol Campbell joined them to do mini-demos.

New Earth Expo - S.F. This was a blockbuster! Thousands attend and we were inundated by people. Ana Cooper pressed to have a booth and she coordinated the production. A dozen or so of us worked shifts and about 300 people were on our two tables for a 10-minute Trager "taste." In addition we distributed literature, cards of workers and our "Trager - Lighter Than Air" balloons were everywhere. We didn't even charge until the second day and still made enough to pay most of the costs.

New Earth Expo in San Jose. Inspired by the fun and outrageous success of the SF experience, Cheryl Tracy has volunteered to coordinate this booth. You may sign up NOW to participate which gives you free admission to the Expo. All proceeds after expenses go to the Association for further promotion. This is a great opportunity to test and experience the magic of Hook-Up. Nothing else works in a situation like this! Call Cheryl at 408/462-0814. Box 283, Soquel 95073.

Articles - Duncan Bennett provided the base for the information sheet enclosed. Sheila Merle and I did some re-write and she set it up. From this and other stuff you've sent in, we'll abstract a brochure with photographs which will be available to members of the Association.

AHP Newsletter for April has this material and training dates and is interested in having an interview with Milt for the May issue.

Esalen Institute Summer catalogue features this material.

Milt's book - THE BOOK - is progressing nicely. More in next newsletter.

Organization - Don Schwartz and Lora Thorne-Smith have volunteered two mornings a week and more the past few months to organize an office, up-date files, brain storm promotion and expansion. They've performed a great service for all of us and have really given me tremendous support. Thank you both for your absolute willingness to do whatever it takes to get the job done!

The rolodex and mailing lists are up-dated. BE SURE WE HAVE YOUR PRESENT ADDRESS WITH ZIP CODE AND PHONE(S) WITH AREA CODE.

If you <sup>have</sup> joined the Association, completed a trainer info sheet or even even just written a postcard - we have a file on you. I want us to stay in touch!

R O S T E R - We are preparing a roster of Association members by geographical area. We have had many phone calls as a result of the Expo in SF and are preparing the roster for distribution to the public. Copies will be available to members since it is funded by dues.

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THE INVITATION The Association for Trager Psychophysical Integration and Mentastics is the result of a grass roots movement among you who really pressed for a fully professional organization that would give us a support net work and some collective clout and credibility. The form of the "Trager Family" and the training track it supports have been totally and enthusiastically supported and approved by Milton and Emily. They are thrilled at your interest in really making something of this.

We really want all of you to join. Your support empowers the Association to serve you, your clients, your public and Milt's work which he has shared so generously with us.

I am really moved by the number of you who immediately signed up. Your enthusiasm - and your dollars - helped to get us out there in the public with such good results, I urge those of you who've put it off to sit down RIGHT NOW and send in your \$12 for this year.

THIS IS THE LAST MAILING TO EVERYONE FUNDED BY ME. From now on ONLY members of the Association will receive newsletters, roster up-dates, training schedules, notices of events, etc. It is inappropriate NOW for me to be out-of-pocket for this stuff and passing the hat for contributions. And I want us to stay in touch. So join, already!

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N E W S   B R I E F S

There is space in the April 12,13,14 Intermediate Training with Milton in Marin. BUT you must call to reserve space right now - by April 6. If you need such a training to move on to Practitioner status, do it now. There are a couple places left in the Getting in Touch Intermediates. For Marin call 415/383-7074. For GIT call 408/353-1182.

CANCELLATION - The Easter Sunday Playday with Milt on April 15 is cancelled.

We have a few of the December Newsletters left. Send \$1.00 for replacement while they last. It spells out the training track, etc.

If you've completed the training and practice requirements for Practitioner status, send in your documentation so we can arrange a "Trager Test". On satisfactory completion of this step, send in your additional \$12 dues to be listed accurately on the Roster.

L A S T   W O R D ! ! ! ! !

The Trager Association is set up for people who have been trained and their clients and friends who want to support the work and be informed about what's happening. While it is a professional organization of real service to those who really earn a living doing the work, it is also a family of people who share the Trager Experience. If you don't do all that much any more, or feel you've lost it, or just do a little with cats, sofa cushions and family members, AND you are still interested in keeping track of Milt and Emily and the rest of us, join up. We'll be offering events just for you as well as the training track.

I am very grateful to have <sup>such</sup> a community of friends and a work that is so completely satisfying. Thank you Milton and thank you all. I love you!

*Betty Fuller*